

Gunston Soccer Club

Travel Soccer Program: Annual Outlook



Seasonal Overview (Subject to change)

Fall

Winter

Spring

Summer

Sept - Mid November

- All teams practice 2 - 3 times per week
- Teams play in competitive league
- Participate in up to 2 competitive tournaments

Dec - Feb

- U11 and younger teams train 1 time per week in local school gyms
- U12+ Train outdoors 1-2 times per week
- Players can participate in Futsal program as add on
- Great time to try other sports

Mid March - End of May

- All teams practice 2 - 3 times per week
- Teams play in competitive leagues
- Participate in up to 2 competitive tournaments

June - Aug

- Gunston will offer summer camps weekly for players so they can stay active
- Stay tuned for summer "kick around" opportunities



Summer Outlook (July–August)

- Pre-Season Training Camp (Optional) **NEW!**
- Team training sessions will start mid- to late- August
- Full Fall training schedules will be announced no later than mid-August (depending on county permits)
- 1-2 Friendly club-wide match weekends to tune up for the season
- League matches are historically first weekend of September



Fall Outlook (September – November)

- Training 3 times per week (U9 and U10 the third session is optional)
- First League Match is historically first weekend in September
- 2 tournaments: Columbus Day Weekend / Mid-November
- The last training session will be after the last league match or tournament match depending on your team's schedule
- Winter training will begin around the second week of January, depending on county permits
- Sample league schedule from NCSL can be found here: [Gunston Soccer - Full Schedule](#)



Winter Outlook (January – March)

- The first training sessions will begin no later than the second week of January
- The last indoor session before heading back outdoors will be last week of February / first week of March
- Winter is a great opportunity to play other sports (especially our younger aged players)
- Futsal league competition will be available but is completely optional at an additional cost



Spring Outlook (March – June)

- Training 3 times per week (U9 and U10 the third session is optional)
- First League Match is historically first weekend in April
- 2 tournaments: Late March + Memorial Day Weekend
- The last training session will be after the last league match or tournament match depending on your team's schedule



Tournament History / League Competition

- Tournaments are a great experience and promote team bonding on and off the field.
- Tournaments are typically local unless coach / team requests to participate in an out-of-town event.
- A few tournaments we attended last year are below



Fields + Session Times

Fall

- Mount Vernon High School
- Bryant Alternative High School
- Carl Sandburg Middle School

Spring

- Bryant Alternative High School
- Mount Vernon High School

Session Start Times

- Fall: 5:00, 6:15, 7:30
- Spring: 6:00 or 7:15

Note: All sessions on lit turf fields



Thank You

Thanks for your time this week on the fields. If you have any questions about our travel program or the club in general please do not hesitate to reach out to me. We are here to serve all the players of this community.

Travel FAQ: <http://www.gunstonsoccer.com/travel/faqs>

2022-2023 Coaching Slate: <http://www.gunstonsoccer.com/2022-23-gunston-travel-coaching-slate>

Thank
you!



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